



- 1 -

## **Haredown Holiday Club** **Consent Form 2010**

I give my consent for my son / daughter (name) \_\_\_\_\_

***To take part in mountain boarding and sporting activities at***

Haredown Mountain Boarding Centre from (date).....to (date)..... as part of the Haredown Holiday Club.

***I understand mountain boarding is an extreme sport with a risk of injury.***

***My son / daughter has been shown the safety rules overleaf and agrees to abide by them.***

***I give my permission for staff at Haredown Mountain Boarding Centre to act on my behalf and take appropriate action in the event of my child receiving an injury or becoming ill while in the care of staff at Haredown Mountain Boarding Centre.***

Child's Date of Birth: \_\_\_\_\_

Home Telephone No: \_\_\_\_\_

Emergency Contact Name + No: 1) \_\_\_\_\_

Emergency Contact Name + No:2) \_\_\_\_\_

Medical details we should know about (asthma / allergies, etc): \_\_\_\_\_

\_\_\_\_\_

Any special needs your child requires: \_\_\_\_\_

\_\_\_\_\_

Signature of Parent / Guardian \_\_\_\_\_

Name (in BLOCK CAPITALS): \_\_\_\_\_



- 2 -

## Haredown Safety Rules

BE AWARE THAT MOUNTAIN BOARDING IS AN EXTREME SPORT WITH RISK  
OF INJURY

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DO NOT RIDE IF YOU HAVE ANY CONDITIONS, MEDICAL OR OTHERWISE,  
WHICH MAY AFFECT YOUR ABILITY TO MOUNTAIN BOARD

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ALWAYS WEAR A HELMET, KNEE AND ELBOW PADS AND WRIST GUARDS

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COIL LEASHES ARE AVAILABLE TO HIRE IF REQUIRED

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LISTEN TO STAFF AND FOLLOW THEIR ADVICE AT ALL TIMES

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LOOK OUT FOR PEDESTRIANS PARTICULARLY SMALL CHILDREN

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DO NOT ATTEMPT ANY DIFFICULT MOVES OR EXCESSIVE SPEED BEFORE  
YOU HAVE SOUND BALANCE AND GOOD CONTROL OF THE BOARD

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OBSERVE INFORMATION AND WARNING SIGNS

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ENJOY THE THRILL OF THE SPORT SAFELY

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TREAT OTHERS WITH RESPECT AND IN A WAY THAT YOU WOULD WANT TO  
BE TREATED

**Please ensure children have read and understood these safety rules.**